



ST PHILOMENA'S SCHOOL

CANTEEN MENU

Monday & Friday

Please order through Flexischools

Foods Marked in red should only be eaten occasionally in line with the NSW Healthy School Canteen Strategy

RECESS		HOT LUNCHES		SANDWICHES/WRAPS/ROLLS	
POPCORN	\$0.50	CORN COB	\$2.50	VEGEMITE	\$2.00
LARGE POPCORN	\$1.00	CHICKEN TENDER (1)	\$1.60	CHEESE	\$2.50
CHEESE & CRACKERS	\$0.50	CHICKEN NUGGETS (6) GF	\$4.50	HAM	\$2.50
GARLIC BREAD	\$1.00	MACARONI & CHEESE	\$5.00	CHICKEN	\$2.50
HOT POCKET (Ham)	\$1.50	LASAGNE	\$5.00	VEGEMITE & CHEESE	\$2.50
FRESH FRUIT SALAD CUP	\$3.50	PARTY PIE (1)	\$1.50	HAM & CHEESE	\$3.00
ADD: VANILLA CUSTARD	\$1.00	LARGE PIE (Beef)	\$4.00	EGG	\$3.00
PIECE OF FRUIT	\$1.00	NOODLE CUP (Chicken, Beef)	\$3.50		
HOMEMADE SCONE WITH STRAWBERRY JAM	\$0.50	HOT DOG (Sauce: Tom, BBQ, Mustard)	\$4.00	HAM & CHEESE	\$3.00
		FRIED RICE VEGETARIAN - GF	\$5.00	CHICKEN & CHEESE	\$3.00
		CHEESEBURGER (Beef Patty, Cheese, sauce)	\$5.00	HAM, CHEESE, TOMATO	\$3.50
		CHICKEN BURGER (Crumbed patty, lettuce, mayo, option to add cheese)	\$5.00	CHICKEN, CHEESE, TOMATO	\$3.50
				EGG, LETTUCE, MAYO	\$3.50
SUSHI		CHICKEN TWISTER WRAP (Seared Chicken, lettuce, tomato, carrot, mayo)	\$5.00	SALAD SANDWICH (Lettuce, Tomato, Cucumber, Carrot, Beetroot, Cheese)	\$4.00
				SALAD BOX	
BABY BOX TUNA	\$4.00				
BABY BOX AVOCADO	\$4.00	SWEET CHILLI CHICKEN WRAP (Sweet Chilli Chicken Tenders, Lettuce, Tomato, Mayo, Sweet Chilli Sauce)	\$5.00	SALAD (Lettuce, Tomato, Cucumber, Carrot, Beetroot, Tasty Cheese)	\$5.00
BABY BOX CUCUMBER	\$4.00				
TUNA/AVOCADO	\$4.50	HOMEMADE PUMPKIN SOUP (Served with a plain bread roll)	\$3.00		
CHICKEN TERIYAKI	\$4.50	LARGE PIZZA (Mini Pizza with Choice of Toppings, Cheese, Ham, Pineapple, BBQ or Tomato Sauce)	\$6.00	ADD: Dressing (Italian, French, Balsamic)	Free
TEMPURA VEG	\$4.50			ADD: Ham	\$0.50
CALIFORNIA ROLL	\$4.50	DRINKS		ADD: Egg	\$1.00
CHICKEN SCHNITZEL & CREAM CHEESE TRAY	\$9.00				
		WATER 250ml	\$0.50	ADD: Seared/Crumbed Chicken	\$2.00
		WATER 600ml	\$1.00	FRESH FRUIT SALAD CUP (Selection of seasonal fresh fruit) (Upsize to Medium) (Upsize to Large) ADD: Vanilla Custard	\$3.50 \$1.50 \$3.00 \$1.00
ICE BLOCKS		Nippys Milk Popper (Chocolate, Honeycomb or Strawberry)	\$2.50	EXTRAS	
ZOOPER DOOPER	0.50	100% JUICE POP-TOP (Apple)	\$2.50		
ICE MONI TNT	\$1.00	SPARKLING FRUIT BOMB (Various Flavours)	\$2.50	CHEESE	\$0.50
FLAVOURED MILK CUP (Strawberry/Chocolate)	\$1.00			SAUCE (Tomato, BBQ, Sweet & Sour)	\$0.50

